



Runcion Holme

Church of England Primary

Holy Cross Federation



Wormegay

Church of England Primary

Proud to be part of the Diocese of Ely Multi-Academy Trust

Personal, Social and Health Education (PSHE) and Citizenship Policy

Staff Responsible: E Zeil/ G Earl

Date:

Review Date:

Signed (Headteacher):

Signed (Chair of Governors):

Aims and objectives

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society. As church schools we actively promote our Christian Values in all we do, whilst ensuring that our curriculum is suitable for those from all faiths and none.

Runcion Holme and Wormegay are small rural communities and our children have little opportunity to meet people from other cultures. It is therefore important to ensure that the children learn to appreciate what it means to be a positive member of a diverse and multicultural society.

The aims of personal, social and health education and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.
- develop a critical attitude towards media messages

- understand how to access help and support

Teaching and learning style

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open mornings, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion, to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

PSHE and citizenship curriculum planning

We teach PSHE and citizenship in a variety of ways, we have regular class circle times, assemblies and projects. In some instances, e.g. drugs education, we teach PSHE and citizenship as a discrete subject. Children receive 30 minutes PSHE lessons each week. Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters. We offer residential visits to Hautbois and Hilltop Residential Centres in Key Stage 2, where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills.

Scheme of Work

We follow the PSHE scheme of work for Ealing. This scheme of work follows the SEA model of a whole school spiral curriculum with each year group looking at the same theme each half term. It is laid out in a two year programme to allow for a wider and deeper coverage of PSE education and citizenship and is divided into 12 half termly topics, six in year A and six in year B. The focus in year A is mainly on personal and interpersonal relationships and health issues. This is widened out in year B to include social and economic relationships, including international relationships. The range of topics ensure a comprehensive coverage of most PSHE education and citizenship issues which would include community and participation, safety (including e-safety), health educations (including sex and relationships and drug education), difference and diversity, personal relationships, the environment, financial capability, globalisation, social injustice, growth and change.

Foundation Stage

We teach PSHE and citizenship in reception classes as an integral part of the topic work covered during the year. As the reception class is part of the Early Years Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Years Foundation Stage. Our teaching in PSHE and citizenship matches the aim of developing a child's personal, social and emotional development as set out in the EYFS. We also support citizenship education in reception classes when we support the children in 'understanding the world' around them.

Teaching PSHE and citizenship to children with special needs

We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties.

Assessment and recording

Teachers assess the children's work in PSHE and citizenship by making informal judgements, as they observe them during lessons, measured against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. Teachers record the achievements of pupils in PSHE and citizenship and report these achievements to parents each year.

Resources

We have SEAL resources available at each school to support teaching of PSHE, along with teaching resources. Additional resources for children are available within the library, or the subject leader can source resources as requested.

Monitoring and review

The PSHE and citizenship subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for giving the Head Teacher an annual summary report, evaluating strengths and weaknesses in the subject and indicating areas for further improvement. When appropriate, we allocate special time for our subject leader to enable him/her to fulfil this role by visiting classes to observe teaching in the subject. Adults, who work within the schools, always allows time to support and listen to children, when issues are raised.

Both schools have achieved Healthy Schools Status and will continue to work towards achieving the next level, during the next academic year.

Note

This PSHE and citizenship policy should be read in conjunction with the Health and Safety Policy, Sex and Relationships Education Policy, Safeguarding Policy, Drugs Policy and Equal Opportunities objectives.